#### **HealthFocus**ProductsAustralia

# OptiDerma OptiDerma OptiDerma

For the preventative treatment and management of chronic wounds for Aged Care providers.

A model for change.

Dr Mark Baldock MBBS B.Pharm Grad Cert PH

# OptiDerma - OPAL A A model for change

#### **Topics covered today**

- Wounds in Aged Care "A SNAP SHOT"
- Why so many wounds in Aged Care?
- Current "Reactive Model" of wound care.
- Current "Preventative Model" of wound care.
- OptiDerma OPAL A Aged Care experience
  - "A model for change".

# Wounds & Aged Care A Snap Shot

- Approx 400K chronic wounds in Australia!
- Approx 25% of Aged Care Facility residents have a wound!!
- 30% Hospitalised >65y.o. develop a pressure wound.
- Costs in excess of \$2.6 billion p.a.
- 50% community nursing budget.
- Big problem.

# "The Price of Wisdom" Why elderly develop wounds that are slow to heal.

- Loss of skin elasticity due to collagen depletion.
- Thinning of skin, loss of fat deposition.
- Reduction in blood and nerve supply.
- Atrophy of sweat glands.
- Dryer skin.
- Decreased mobility, proprioception.
- Adds up to...

## Skin that is easily damaged.

# Wounds that are slow to heal.

# The "Reactive" Wound Care Environment

- Our current model is one of reacting to a wound that needs treating.
- With specialised dressings, compression Tx, pressure redistribution, bariatric Tx, nutritional support, antibiotics, surgery.
- We treat the wound after it happens... we are fixated on this!

# The Current "Preventative" Wound Care Environment

- There are protocols in place for wound prevention in Aged Care... however they don't seem to be working (25% remember).
- We are currently obsessed with barrier products such as Sorbolene, which are not enough.
- We need to improve the overall integrity of older person's skin to assist in the prevention of wounds occurring and speed healing time.

#### **An Alternative Model**

- We need to improve what we can with simple cost effective treatments.
- Elderly skin is dry and poorly vascularised.
- We need to optimise the healing environment.
   Moisturise the skin, stimulate blood flow, provide anti-inflammatory, debriding and antibacterial treatments.
- Control nutrition and chronic disease.

### **An Alternative Model**

- Rejects Sorbolene products barrier creams are not enough.
- Optimises skin integrity of elderly.
- Treats early with best practise.
- Assumes hydrated vascularised skin will resist wounding more and heal faster.

## ST. ANN'S - COMPTON DOWNS: CLINICAL TRIAL

A randomised control trial using OptiDerma Moisturising Skin Support (MSS) for promoting skin integrity, peripheral circulation and wound care outcomes.

**Objective:** To determine the efficacy of using OptiDerma Moisturising Skin Support for promoting skin integrity, peripheral circulation and wound care outcomes compared to a generic cream or emollient such as Sorbolene.

Design: Randomised control trial, 3 month period across 2012 & 2013.

Setting: Residential aged care facility, Tasmania, Australia.

REF: Matt Fone RN 2013

**HealthFocus**ProductsAustralia

### What is OptiDerma & Opal A?

- OptiDerma is a moisturising product that contains the active bio-pharmacueutical OPAL A.
- OPAL A is derived from the inner flesh of the Carica Papaya fruit.
- Has shown to be:
  - Anti-inflammatory (papain)
  - Vasoactive (NA, Nitric oxide)
  - Proteolytic (papain)
  - Antibacterial/antioxidant activity
- Improves skin integrity & healing environment.



# Results of Compton Downs Study

- "Overall, participants using OptiDerma (MSS) either maintained or improved skin quality and displayed the greatest improvements in skin colour, temperature and resolving wounds".
- The use of OptiDerma Moisturising Skin Support has clearly shown positive results in promoting skin integrity, peripheral circulation and wound care outcomes.
- Ideally, the trial's sample space and duration would have been much broader but given the time constraints, the results still managed to identify improvements across many qualities when comparing OptiDerma to a generic Sorbolene.

# Results of Compton Downs Study





# Royal Hobart Hospital (RHH) Trial

The aim of this prospective study was to obtain further information on the clinical effectiveness of OPAL A, administered as a primary wound dressing, for the treatment chronic ulcers of varying aetiology.

- Nine patients; four had venous ulcers, three had pressure injuries, and two had mixed aetiology ulcers.
- All patients had their ulcers for ≥ 6 months before the study.

#### **HealthFocus**ProductsAustralia

### **RHH Trial - Findings**

- Wound bed tissue showed improvement in seven of the nine patients
- The most noticeable improvement in wound bed occurred in patients with chronic venous ulcers
- Reduction in pain was reported by three patients.
- Wound exudate was decreased in seven patients, with no evidence of maceration or dehydration around the wound edges or surrounding skin. All except one patient reported that the OPAL A dressing was comfortable.

#### **HealthFocus**ProductsAustralia

#### But at what cost?

- Recall wound care is expensive.
- Chronic wounds cost approx \$100 per WEEK to treat.

 A cost comparison between Sorbolene products and OptiDerma OPAL A has also been undertaken in Tasmania.

### OptiDerma versus Sorbolene

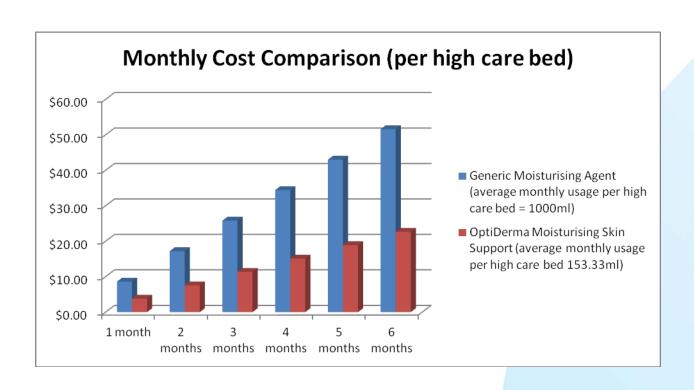
- 90% RACF trialled OptiDerma in high care beds.
- Measured treatment cost change.
- Reduction in number of chronic wounds.
- Ease & satisfaction of use by nursing staff.
- Skin integrity improvement & minor wound healing.

### **Tasmanian Trial Findings**

- 75% (2100 HCB) of trialling homes have switched to OptiDerma MSS and Activated Healing Gel as a first line skin management program.
- OptiDerma product usage is a third of Sorbolene products at similar cost per unit.
- Reported superior treatment and preventative product of Sorbolene.
- Cheaper alternative for better outcome.

# Cost of OptiDerma versus Sorbolene

\$22.66/mth versus \$51.60/mth



#### A NEW MODEL

In Summary: A new model for Aged Care.

- OptiDerma OPAL A has shown superiority to Sorbolene and other generic emollients/creams.
- Decreased costs of wound management.
- Improved clinical outcomes.
- Emphasis on improving skin integrity as preventative approach to Chronic wound management.

### What the nurses say

#### **Testimonial:**

Having seen the results first hand in comparing the use of a generic product and OptiDerma Moisturising Skin Support, I would strongly recommend its use for all clinical settings, ages and skin types.

Compared to generic Sorbolene, OptiDerma clearly showed a greater capacity for encouraging wound healing and the qualities associated with improved peripheral circulation.

I would anticipate that this product could also be used as a prophylactic for reducing the prevalence of wounds such as skin tears and pressure sores.

Matt Fone Registered Nurse – St Ann's Aged Care (Compton Downs)

#### **HealthFocus**ProductsAustralia

### Thank you

#### **Contacting us:**

Health Focus Products Australia 35 Derwentwater Avenue Sandy Bay, Tasmania 7005

Phone: 03 6237 5100

Fax: 03 6225 0053

Email: info@hfpa.com.au